

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
4	5	6	7	8	9	10
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - Hope Bible Chapel (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:30am Choir Practice (MW) 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss 10:30pm Resident Council	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
11	12	13	14	15	16	17
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - Markham Bible Chapel (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Thanksgiving Day Live Entertainment (MW) 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Bible Stories by Bethany Lodge Pastor (MW) 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 10:30am Choir Practice (MW) 11:00am Word Games 2:30pm Apple Cider Social (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm Sound Therapy (MW)
18	19	20	21	22	23	24
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - West Hill Gospel Hall (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Pumpkin Painting/Carving (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 10:30am Choir Practice (MW) 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
25	26	27	28	29	30	31
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - Unionville Gospel Hall (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:30am Choir Practice (MW) 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Birthday Party (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)

MW - Marion Wilder Room; AR - Activity Room; C - Courtyard (Main Floor)