



If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 10:30am Resident Council 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Catholic Mass (MW) 11:00am Word Games 2:30pm Craft Activity (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities 6:15pm Art from the Heart - resident/family program (By Sign Up Only)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
6	7	8	9	10	11	12
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - Hope Bible Chapel (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	8:00am Breakfast Club 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Bible Stories by Bethany Lodge Pastor (MW) 2:30pm Group Exercise: Music with Movement (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
13	14	15	16	17	18	19
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Sunday Church Service - Markham Bible Chapel (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:00pm Get To Know Your Resident Council & its President 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement <i>Resident Council Week Starts</i>	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Afternoon Tea Cart 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 12:00pm Resident BBQ 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 10:30am Silver Fox Walk (C) 11:00am Word Games 2:30pm Craft Activity 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:00pm Ice Cream Truck (C) 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm Sound Therapy (MW)
20	21	22	23	24	25	26
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Hymn Sing & Devotional by Bethany Lodge Pastor (MW) <i>Resident Council Week Ends</i>	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Birthday Party (MW) 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
27	28	29	30			
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:45pm Sunday Church Service - Lansing Church (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss		September Vendors: Sept. 4, 10am-6pm: Vitae Roses Sept. 11, 11am-4pm: Acara Handmade Sept. 22, 10:30am-2:30pm: Fifth Ave Collection Sept. 25, 11am-6pm: La Vucci	