



If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) 10:30am Resident Council 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 11:00am Catholic Mass (MW) 2:30pm Craft Activity (MW) 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm 1:1 Social 2:30pm Afternoon Social 3:30pm Balloon Toss 6:15pm Art from the Heart - resident/family program (By Sign Up Only)	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
6	7	8	9	10	11	12
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Sunday Church Service - Hope Bible Chapel (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Ball Toss	8:00am Breakfast Club 9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 11:00am Bible Stories by Bethany Lodge Pastor (MW) 2:30pm Group Exercise: Music with Movement (MW) 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games 6:15pm Movie Night (MW)	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
13	14	15	16	17	18	19
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Sunday Church Service - Markham Bible Chapel (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 2:30pm BINGO 3:15pm Get To Know Your Resident Council & its President 3:30pm Pet Therapy 3:45pm Hand Therapy <i>Resident Council Week Starts</i>	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:15pm Afternoon Tea Cart 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) 12:00pm Resident BBQ 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Silver Fox Walk (C) 2:30pm Guess That Tune 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Ice Cream Truck (C) 3:30pm Balloon Toss	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm Sound Therapy (MW)
20	21	22	23	24	25	26
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Hymn Sing & Devotional by Bethany Lodge Pastor (MW) <i>Resident Council Week Ends</i>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Ball Toss	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Birthday Party (MW) 3:45pm Ball Toss 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games 6:15pm Movie Night (MW)	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
27	28	29	30			
9:30am Hymn Sing 10:00am Sit & Stretch 2:45pm Sunday Church Service - Lansing Church (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Hand Therapy	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 10:30am Brain Stimulation (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring		September Vendors: Sept. 4, 10am-6pm: Vitae Roses Sept. 11, 11am-4pm: Acara Handmade Sept. 22, 10:30am-2:30pm: Fifth Ave Collection Sept. 25, 11am-6pm: La Vucci	