



If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:10am Hymn Sing 10:30am Drumming Circle/Dancing 2:30pm Canada Day Live Entertainment (MW) 3:30pm Table Games 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:00pm Balloon Toss 3:30pm Card Games	10:10am Hymn Sing 10:30am Pringle's Got Talent 2:30pm Group Exercise 3:00pm 1:1 Social 3:30pm Trivia 6:15pm Movie Night (MW)	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
5	6	7	8	9	10	11
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 4:30pm 1:1 Social	10:00am Resident Council 10:10am Hymn Sing 10:30am Drumming Circle/Dancing 2:30pm Group Exercise 3:30pm Movie Matinee 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Intergenerational Program with Bridle Trail Baptist Church (MW) 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Balloon Badminton 2:30pm Group Exercise 3:00pm 1:1 Social 3:30pm Trivia	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
12	13	14	15	16	17	18
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 2:30pm Group Exercise 3:00pm Art & Craft 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 4:30pm 1:1 Social	10:10am Hymn Sing 10:30am Drumming Circle/Dancing 2:30pm Group Exercise 3:30pm Table Games 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Craft Activity (MW) 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Pringle's Got Talent 2:30pm Group Exercise 3:00pm 1:1 Social 3:30pm Trivia 6:15pm Movie Night (MW)	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm Sound Therapy (MW)
19	20	21	22	23	24	25
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 4:30pm 1:1 Social	10:10am Hymn Sing 10:30am Drumming Circle/Dancing 2:30pm Group Exercise 3:30pm Movie Matinee 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Summer Dance Party (MW) 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Balloon Badminton 2:00pm Ice Cream Truck (C) 2:30pm Group Exercise 3:00pm 1:1 Social 3:30pm Trivia	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
26	27	28	29	30	31	
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 2:30pm Group Exercise 3:00pm Art & Craft 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 4:30pm 1:1 Social	10:10am Hymn Sing 10:30am Drumming Circle/Dancing 2:30pm Group Exercise 3:30pm Table Games 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Birthday Party (MW) 4:00pm Table Games	10:10am Hymn Sing 10:30am Pringle's Got Talent 2:30pm Group Exercise 3:00pm 1:1 Social 3:30pm Trivia 6:15pm Movie Night (MW)	

MW - Marion Wilder Room; AR - Activity Room; C - Courtyard (Main Floor)

