



If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Canada Day Live Entertainment (MW) 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
5	6	7	8	9	10	11
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 10:30am Resident Council 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Intergenerational Program with Bridle Trail Baptist Church (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
12	13	14	15	16	17	18
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm Sound Therapy (MW)
19	20	21	22	23	24	25
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Bingo - 3rd floor 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Summer Dance Party (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:00pm Ice Cream Truck (C) 3:30pm 1:1 Emotional 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
26	27	28	29	30	31	
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Men's Club (2nd Floor Link) 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Birthday Party (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	

MW - Marion Wilder Room; AR - Activity Room; C - Courtyard (Main Floor)

