



If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:30pm Canada Day Live Entertainment (MW) 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Emotional 2:30pm Bingo 3:45pm Ball Toss 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games 6:15pm Movie Night (MW)	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
5	6	7	8	9	10	11
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Music, Melody, & Memories (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Hand Therapy	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) 10:30am Resident Council 2:00pm 1:1 Emotional 2:30pm Helping Hands 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Intergenerational Program with Bridle Trail Baptist Church (MW) 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm 1:1 Social 2:30pm Afternoon Social 3:30pm Balloon Toss	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
12	13	14	15	16	17	18
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Music, Melody, & Memories (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Ball Toss	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Craft Activity (MW) 3:45pm Ball Toss 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games 6:15pm Movie Night (MW)	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm Sound Therapy (MW)
19	20	21	22	23	24	25
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Music, Melody, & Memories (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Hand Therapy	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Summer Dance Party (MW) 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Ice Cream Truck (C) 3:30pm Balloon Toss	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program 2:30pm BINGO Hall (MW)
26	27	28	29	30	31	
9:30am Hymn Sing 10:00am Sit & Stretch 2:30pm Music, Melody, & Memories (MW)	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO 3:30pm Pet Therapy 3:45pm Ball Toss	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Men's Club (2nd Floor Link) 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:30pm Birthday Party (MW) 3:45pm Ball Toss 4:30pm 1:1 Social	9:30am Hymn Sing 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games 6:15pm Movie Night (MW)	

MW - Marion Wilder Room; AR - Activity Room; C - Courtyard (Main Floor)