

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Bingo - 3rd floor 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 10:30am Resident Council 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	8:30am Breakfast club 9:50am Hymn Sing 10:15am Group Exercise 11:00am Catholic Mass (MW) 11:00am Word Games 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)	
8	9	10	11	12	13	14	
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Markham Bible Chapel (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Music Concert by Rami & Gina (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Bingo - 3rd floor 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)	
15	16	17	18	19	20	21	
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm St. Patrick's Day Social (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Bingo - 3rd floor 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm Sound Therapy (MW)	
22	23	24	25	26	27	28	
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Lansing Church (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Bingo - 3rd floor 3:00pm Montessori Activities 4:00pm 1:1 Social	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Dominoes 3:00pm Hand Therapy 4:00pm Balloon Toss	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Birthday Party (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring Vendor: La Vucci 11am - 6pm, Cafe Area	9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)	
29	30	31					
9:00am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Bingo - 3rd floor 3:00pm Montessori Activities 4:00pm 1:1 Social 6:15pm Performance by Markham Young Winds Band (MW)					