

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:30am Hymn Sing 10:00am Sit & Stretch <b>2:30pm Music, Melody, &amp; Memories (MW)</b>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO <b>3:30pm Pet Therapy</b> 3:45pm Hand Therapy	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Social 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) <b>10:30am Resident Council</b> 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring	8:30am <b>Breakfast club</b> 9:30am Hymn Sing 9:50am Group Exercise <b>11:00am Catholic Mass (MW)</b> 2:00pm 1:1 Emotional 2:30pm Bingo 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm 1:1 Social 2:30pm Afternoon Social 3:30pm Balloon Toss	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program <b>2:30pm BINGO Hall (MW)</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:30am Hymn Sing 10:00am Sit & Stretch <b>2:30pm Markham Bible Chapel (MW)</b>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 <b>2:30pm Music Concert by Rami &amp; Gina (MW)</b> <b>3:30pm Pet Therapy</b> 3:45pm Ball Toss	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Social 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Emotional 2:30pm Bingo 3:45pm Ball Toss 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games <b>6:15pm Movie Night (MW)</b>	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program <b>2:30pm BINGO Hall (MW)</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:30am Hymn Sing 10:00am Sit & Stretch <b>2:30pm Music, Melody, &amp; Memories (MW)</b>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 <b>2:30pm St. Patrick's Day Social (MW)</b> <b>3:30pm Pet Therapy</b> 3:45pm Hand Therapy	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Social 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Brain Stimulation (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Word Games 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Emotional <b>2:30pm Craft Activity (MW)</b> 3:45pm Word Games 4:30pm 1:1 Social	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Balloon Toss	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program <b>2:30pm Sound Therapy (MW)</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
9:30am Hymn Sing 10:00am Sit & Stretch <b>2:30pm Lansing Church (MW)</b>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO <b>3:30pm Pet Therapy</b> 3:45pm Ball Toss	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Social 2:30pm Spiritual Singing & Sharing 3:45pm Fun & Games 4:15pm 1:1 Emotional	9:30am Hymn Sing 9:50am Group Exercise 10:30am Canvas Painting (AR) 2:00pm 1:1 Emotional 2:30pm Helping Hands 3:00pm Dominoes 4:00pm 1:1 Colouring	9:30am Hymn Sing 9:50am Group Exercise 10:30am Prayer Group (AR) 2:00pm 1:1 Emotional <b>2:30pm Birthday Party (MW)</b> 3:45pm Ball Toss 4:30pm 1:1 Social <b>Vendor: La Vucci</b> <b>11am - 6pm, Cafe Area</b>	9:30am Hymn Sing 9:50am Group Exercise 10:30am 1:1 Social 2:00pm Sensory 1:1 2:30pm Afternoon Social 3:30pm Word Games <b>6:15pm Movie Night (MW)</b>	9:30am Hymn Sing 10:00am Sit & Stretch 10:30am Walking Program <b>2:30pm BINGO Hall (MW)</b>
<b>29</b>	<b>30</b>	<b>31</b>				
9:30am Hymn Sing 10:00am Sit & Stretch <b>2:30pm Music, Melody, &amp; Memories (MW)</b>	9:30am Hymn Sing 9:50am Group Exercise 10:15am Walking Program 10:45am 1:1 Social 2:00pm Sensory 1:1 2:30pm BINGO <b>3:30pm Pet Therapy</b> 3:45pm Hand Therapy	9:30am Hymn Sing 10:30am Prayer Group (AR) 2:00pm 1:1 Social 2:30pm Spiritual Singing & Sharing 3:45pm Dominoes 4:15pm 1:1 Emotional <b>6:15pm Performance by Markham Young Winds Band (MW)</b>				