

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 10:10am Hymn Sing 10:30am BINGO <b>2:30pm New Year Day: Hot Chocolate Social (MW)</b> 3:00pm Crafts 3:30pm Balloon Badminton 4:00pm 1:1 Intellectual	10:10am Hymn Sing 10:30am Pringle's Got Talent 2026 <b>2:30pm Rock n Roll Concert (MW)</b> 3:30pm Trivia 4:00pm 1:1 Social <b>6:15pm Movie Night (MW)</b>	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music <b>2:30pm BINGO Hall (MW)</b>
<b>4</b> 9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise <b>2:30pm Music, Melody, &amp; Memories (MW)</b> 3:00pm Pet Therapy 4:00pm 1:1 Intellectual	<b>5</b> 9:25am Walking Program 10:10am Hymn Sing 10:30am Word Games 10:30am Table Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>6</b> 10:10am Hymn Sing 10:30am Word Games 10:30am Table Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>7</b> <b>10:00am Resident Council</b> 10:10am Hymn Sing 10:30am BINGO 10:30am Drumming Circle 2:30pm Group Exercise 3:00pm Crafts 3:30pm Movie Matinee 4:00pm 1:1 Social	<b>8</b> 10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:00pm Crafts 3:30pm Music & Sing Along 4:00pm 1:1 Intellectual	<b>9</b> 10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social	<b>10</b> 9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music <b>2:30pm Sound Therapy (MW)</b>
<b>11</b> 9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise <b>2:30pm Visit by Markham Bible Chapel (MW)</b> 3:00pm Pet Therapy 4:00pm 1:1 Intellectual	<b>12</b> 9:25am Walking Program 10:10am Hymn Sing 10:30am Word Games 10:30am Craft Activity 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Hand Therapy 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>13</b> 10:10am Hymn Sing 10:30am Word Games 10:30am Craft Activity 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>14</b> <b>8:30am Breakfast Club (MW)</b> 10:10am Hymn Sing 10:30am BINGO 10:30am Drumming Circle 2:30pm Group Exercise 3:00pm Crafts 3:30pm Table Games 4:00pm 1:1 Social	<b>15</b> 10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:00pm Crafts 3:30pm Balloon Badminton 4:00pm 1:1 Intellectual	<b>16</b> 10:10am Hymn Sing 10:30am Name, Place, Animal, Thing 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social <b>6:15pm Movie Night (MW)</b>	<b>17</b> 9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music <b>2:30pm BINGO Hall (MW)</b>
<b>18</b> 9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise <b>2:30pm Music, Melody, &amp; Memories (MW)</b> 3:00pm Pet Therapy 4:00pm 1:1 Intellectual	<b>19</b> 9:25am Walking Program 10:10am Hymn Sing 10:30am Word Games 10:30am Table Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>20</b> 10:10am Hymn Sing 10:30am Word Games 10:30am Table Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>21</b> 10:10am Hymn Sing 10:30am Drumming Circle 2:30pm Group Exercise 3:30pm Movie Matinee 4:00pm 1:1 Social	<b>22</b> 10:10am Hymn Sing 10:30am Colouring Club <b>2:30pm Craft Activity (MW)</b> 3:30pm Music & Sing Along 4:00pm 1:1 Intellectual	<b>23</b> 10:10am Hymn Sing 10:30am Dominoes 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social	<b>24</b> 9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music <b>2:30pm BINGO Hall (MW)</b>
<b>25</b> 9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise <b>2:30pm Visit by Lansing Church (MW)</b> 3:00pm Pet Therapy 4:00pm 1:1 Intellectual	<b>26</b> 9:25am Walking Program 10:10am Hymn Sing 10:30am Word Games 10:30am Craft Activity 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>27</b> 10:10am Hymn Sing 10:30am Word Games 10:30am Craft Activity 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 3:30pm Balloon Badminton 4:00pm 1:1 Social	<b>28</b> 10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:30pm Table Games 4:00pm 1:1 Social	<b>29</b> 10:10am Hymn Sing 10:30am Karaoke 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social <b>6:15pm Movie Night (MW)</b>	<b>30</b> 9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music <b>2:30pm BINGO Hall (MW)</b>	<b>31</b>

MW - Marion Wilder Room; AR - Activity Room