

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:10am Hymn Sing 10:30am BINGO 2:30pm New Year Day: Hot Chocolate Social (MW) 3:00pm Crafts 3:30pm Balloon Badminton 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Pringle's Got Talent 2026 2:30pm Rock n Roll Concert (MW) 3:30pm Trivia 4:00pm 1:1 Social 6:15pm Movie Night (MW)	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
4	5	6	7	8	9	10
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Hand Therapy 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	10:00am Resident Council 10:10am Hymn Sing 10:30am Drumming Circle 2:30pm Group Exercise 3:30pm Movie Matinee 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:00pm Crafts 3:30pm Music & Sing Along 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm Sound Therapy (MW)
11	12	13	14	15	16	17
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Visit by Markham Bible Chapel (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Craft Activity 2:30pm Group Exercise 3:00pm Hand Therapy 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 3:30pm Balloon Badminton 4:00pm 1:1 Social	8:30am Breakfast Club (MW) 10:10am Hymn Sing 10:30am Drumming Circle 2:30pm Group Exercise 3:30pm Table Games 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Group Exercise 3:00pm Crafts 3:30pm Balloon Badminton 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Name, Place, Animal, Thing 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social 6:15pm Movie Night (MW)	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
18	19	20	21	22	23	24
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Table Games 2:30pm Group Exercise 3:00pm Hand Therapy 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Women's Club 3:30pm Balloon Badminton 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Drumming Circle 2:30pm Group Exercise 3:30pm Movie Matinee 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Colouring Club 2:30pm Craft Activity (MW) 3:30pm Music & Sing Along 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Dominoes 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)
25	26	27	28	29	30	31
9:30am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Visit by Lansing Church (MW)	9:25am Walking Program 10:10am Hymn Sing 10:30am Craft Activity 2:30pm Group Exercise 3:00pm Hand Therapy 3:00pm Pet Therapy 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Word Games 2:30pm Group Exercise 2:30pm Men's Club (2nd Floor Link) 3:00pm Card Games 3:30pm Balloon Badminton 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am Drumming Circle 2:30pm Group Exercise 3:30pm Table Games 4:00pm 1:1 Social	10:10am Hymn Sing 10:30am BINGO 2:30pm Birthday Party (MW) 3:30pm Balloon Badminton 4:00pm 1:1 Intelluctual	10:10am Hymn Sing 10:30am Karaoke 2:30pm Group Exercise 3:00pm Colouring Club 3:30pm Trivia 4:00pm 1:1 Social 6:15pm Movie Night (MW)	9:30am 1:1 Social 10:30am Hymn Sing 11:00am Group Exercise - Movement with Music 2:30pm BINGO Hall (MW)

MW - Marion Wilder Room; AR - Activity Room