

If you have any questions, please feel free to reach out to the Life Enrichment Staff in your resident home area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:50am Hymn Sing 11:00am Word Games 2:30pm New Year Day: Hot Chocolate Social (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	2 9:50am Hymn Sing 11:00am Brain Stimulation 2:30pm Rock n Roll Concert (MW) 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	3 9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
4 9:00am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	5 9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Social	6 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 10:30am Resident Council 2:00pm Movie Matinee 2:30pm Dominoes 3:00pm Montessori Activities 4:00pm 1:1 Social	7 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 10:30am Resident Council 11:00am Brain Stimulation 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	8 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Emotional 4:00pm Montessori Activities	9 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Sound Therapy (MW)	10 9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm Sound Therapy (MW)
11 9:00am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Visit by Markham Bible Chapel (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	12 9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Social	13 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Dominoes 3:00pm Montessori Activities 4:00pm 1:1 Social	14 8:30am Breakfast Club (MW) 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 11:00am Brain Stimulation 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	15 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	16 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	17 9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
18 9:00am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Music, Melody, & Memories (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	19 9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Hand Therapy & Spa 3:30pm Pet Therapy 4:00pm 1:1 Social	20 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Dominoes 3:00pm Montessori Activities 4:00pm 1:1 Social	21 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo - 3rd floor 3:00pm Hand Therapy 4:00pm Balloon Toss	22 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Craft Activity (MW) 3:30pm Montessori Activities 4:00pm 1:1 Colouring	23 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities	24 9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)
25 9:00am 1:1 Emotional 10:30am Hymn Sing 11:00am Group Exercise 2:30pm Visit by Lansing Church (MW) 3:30pm Pet Therapy 4:00pm 1:1 Physical Movement	26 9:50am Hymn Sing 10:15am Group Exercise 10:45am Walking Program 2:30pm 1:1 Social 2:30pm Art Corner 3:30pm Pet Therapy 4:00pm 1:1 Social	27 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:00pm Movie Matinee 2:30pm Dominoes 3:00pm Montessori Activities 4:00pm 1:1 Social	28 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo - 3rd floor 3:00pm Hand Therapy 4:00pm Balloon Toss	29 9:50am Hymn Sing 10:15am Group Exercise 11:00am Word Games 2:30pm Birthday Party (MW) 2:30pm Craft Activity 3:30pm Montessori Activities 4:00pm 1:1 Colouring	30 9:50am Hymn Sing 10:15am Group Exercise 11:00am Brain Stimulation 2:30pm Bingo 3:30pm 1:1 Emotional 4:00pm Montessori Activities 6:15pm Movie Night (MW)	31 9:15am Walking Program 10:00am Hymn Sing 11:00am Group Exercise 2:30pm BINGO Hall (MW)

MW - Marion Wilder Room; AR - Activity Room